



Victorian Network on Recreation and Disability Recreation ... your right, your choice

VICNORD is the voice of Victorians with a disability, advocating for access to, and support for, participation in a wide range of recreation and sport.

VICNORD is directed by a management committee made up of people with disabilities, one from each metropolitan and rural region within the State.

LIZ ELLIS

Management Representative for Western Metropolitan Region

Liz has always had a strong interest in recreation and disability, which has been fostered by many years participating in recreation programs for people with disabilities. After completing secondary school in 2003, Liz went on to complete a Bachelor of Social work at Victoria University. Liz's physical disability has increased her passion for raising community awareness and improving access to recreation programs and the community for people with disabilities.

Liz's Social Work Degree assists her greatly in creating change for people with disabilities, whilst also pursuing her other interests, such as going to the movies, theatre, tennis and socialising. Liz is involved in many voluntary groups in her local region, and she is motivated to make a difference for people with a disability in the area of Recreation and Sport.

If you would like to involve Liz in your local network, or discuss a local issue concerning Recreation and Sport, we urge you to contact Liz on: ea.ellis@optusnet.com.au

